

Week Beginning Monday

September 7th and 28th

October 19th

November 9th and 30th

December 7th and 28th

Iles Kitchen

Autumn/Winter Menu Week 1

Week 1		Hot main	Meat Free choice	Vegetables	Dessert
Monday		Vegetable Tomato Pasta	Jacket Potato with Choice of Fillings	Sweetcorn Salad Coleslaw	Lemon Drizzle Cupcakes/Custard
Tuesday		Sweet & Sour Chicken With Rice	Quorn Sweet & Sour Chicken & Rice	Salad Coleslaw Peas	Apple/Pear Crumble and Custard
Thursday		Roast Pork, Roast Potatoes, Stuffing & Gravy	Quorn Fillet	Carrots Green beans Peas	Fruit Cheesecake
Friday		Fish & Chips	Veggie Burger & Chips	Beans Peas Salad Coleslaw	Chocolate Brownie and Custard

Available Daily:

Jacket Potatoes

Fresh Fruit

Yoghurt